

PROMOTING PHYSICAL ACTIVITY, HEALTH, AND WELLNESS THROUGH EDUCATIONAL COMMUNITIES



About SC FitMe | SC FitMe is a program designed to assist schools with fundraising while promoting physically active lifestyles and wellness in our students, our schools, our communities, and individuals throughout South Carolina. SC FitMe is sponsored by SCAHPERD, South Carolina Alliance for Health, Physical Education, Recreation and Dance.

WHERE DO YOUR DONATIONS GO?

Goes to the program/school. Schools are encouraged, but not required, to "pay it forward" by giving 10% of the funds to a non-profit of their choice.

65%

Covers program administrative fees.

25%

Goes to SCAHPERD to support the development of essential teacher resources, provide professional development opportunities, teacher grants, and critical advocacy efforts.

10%

WHY SC FITME?

Flexibility | Schools choose the structure of program, event, event details, which non-profit to support, the unit to embed into existing curriculum, and how to use the money raised.

Online fundraising platform facilitated by SCAHPERD | Donations can be collected online or offline.

Teacher Toolkit | Teachers have access to a toolkit that provides lesson plan ideas, timelines, event and incentive ideas, and more.

In addition to funds raised for your school, teachers can qualify for "give back" incentives that include:

- ▶ Free SCAHPERD membership
- ▶ Free conference registration
- ▶ Sub pay for attending the conference
- ▶ Professional Development credits toward certificate renewal
- ▶ and more!!



scahperd.org



803.786.3384



scahperd@columbiasc.edu