

BEST PRACTICES IN
HEALTH, PHYSICAL EDUCATION, AND DANCE

SCAHPERD
91ST ANNUAL CONFERENCE
EMBASSY SUITES - MYRTLE BEACH
NOVEMBER 9-11, 2018



**BREAKING
OUT OF
YOUR SHELL**



*Professional
Development*

Networking

Advocacy

Job Opportunities



Sponsored By



EMPOWERING YOU!

South Carolina Alliance
for Health, Physical Education,
Recreation and Dance

SCAHPERD President, Edith Ellis
SCAHPERD Executive Director, Kym Kirby



MISSION Statement

The mission of the South Carolina Alliance for Health, Physical Education, Recreation and Dance is to promote health, physical activity and wellness among the state's citizens through effective leadership, professional development, education and advocacy.

2018 SCAHPERD CONFERENCE PLANNING COMMITTEE

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SCAAHE Conference Planning Chair
SCAPES Conference Planning Chair
SCDA Conference Planning Chair
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Gina Barton, Kym Kirby & Shannon Koch
Gina Barton and Shannon Koch
Kym Kirby
Shannon Koch

Future Professional Participants

Coastal Carolina University
Lander University
Limestone College
The Citadel
College of Charleston

#Whatsyourwhy

Create and post a video on SCAHPERD social media pages, telling us your WHY for coming to SCAHPERD and be entered to win a SCAHPERD membership. Must be posted before the General Session on Saturday at 9:15 AM (Kensington G) to be eligible to win. Must be present at the General Session to win.



TWEET and POST all weekend! Take your picture at the SCAHPERD photo wall, pictures from sessions, pictures on the beach,...and post it on SCAHPERD social media pages. Post pics and videos throughout the weekend to be eligible for chance to win free membership. Drawing at the Annual Members meeting on Sunday at 10:00 in Pembroke.



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Exhibitor Hours

- Friday- 12 pm to 5pm
- Saturday- 8 am to 5pm

#SCAHPERD2018



**Promoting Active,
Healthy Lifestyles!**

SCAHPERD encourages the exchange of diverse options. The ideas presented during this conference do not necessarily reflect SCAHPERD’s official position on the issues.

SCAHPERD assumes no responsibility for any statement as fact or opinion presented at the conference, nor does acceptance of advertising or exhibits imply endorsement of any products or services by SCAHPERD.

If you object to products, services, or practices that have been promoted at the conference, please inform the specific exhibitors and/or presenters with whom you disagree. You are also encouraged to extend your compliments to those whom you feel provided a product or presentation of exceptional quality.

Individuals participating in conference activities do so voluntarily, and thereby assume any and all risks involved by their participation.

SCAHPERD prohibits discrimination on the basis of race, color, religion, creed, sex, age, marital status, sexual orientation, national origin, disability or veteran status in the treatment of participants, access to, or content of its programs and activities.

Welcome to the 91st SCAHPERD Conference!

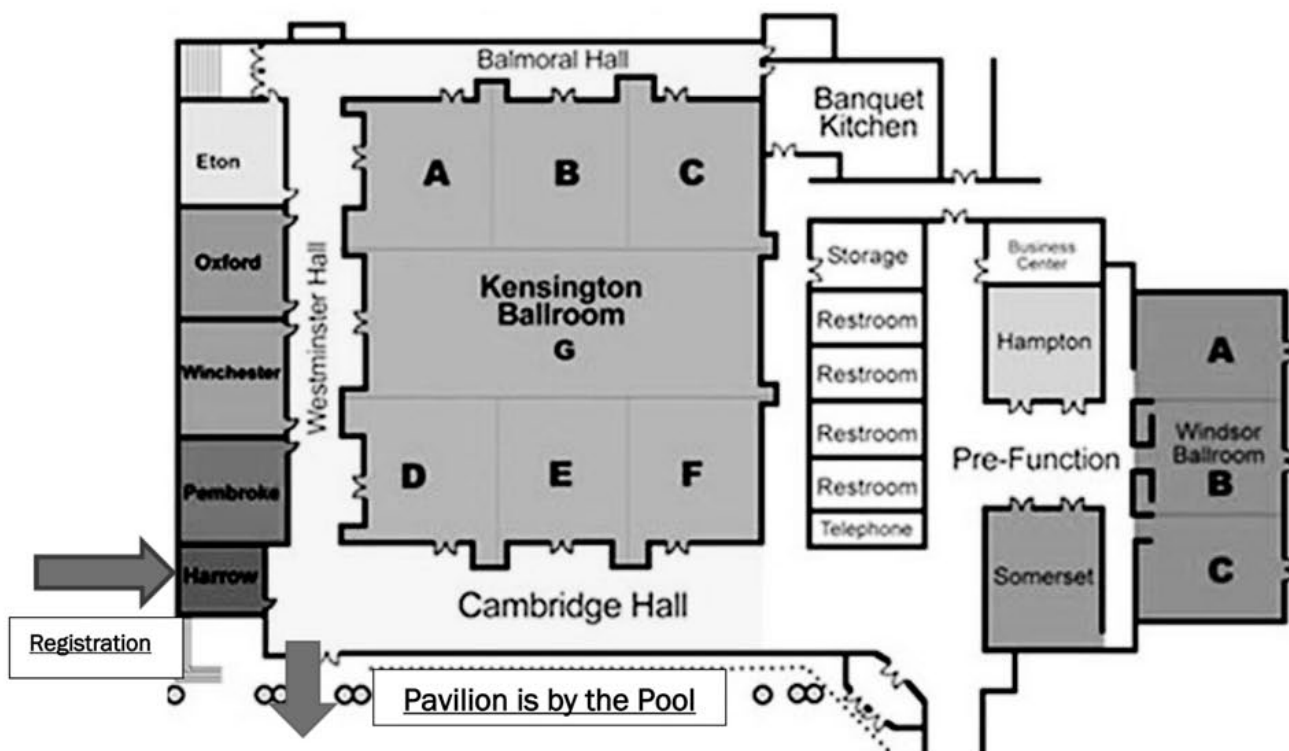


As you know we have experienced a number of challenges in the past year and many individuals are working together to meet these challenges and to make SCAHPERD better and stronger. This is the time of year when we come together to celebrate our friendships, to share our knowledge, to learn and to grow. This year I encourage you to experience new things: to explore topics with which you have limited experience, to learn a new skill, to meet new friends, to reconnect with your roots in the profession, to open yourself to becoming a better educator, regardless of years of experience, and to celebrate the unity that makes us SCAHPERD. In other words, experience **BREAKING OUT OF YOUR SHELL**

Dr. Edie Ellis
SCAHPERD, President



Conference Floor Map



2018 SCAHPERD Keynote Speaker
Saturday's General Session

Coach Sue Ramsey



Whether on or off the court, Coach Ramsey, leads by example. Her commitment to excellence is shadowed only by her deep and abiding faith. Retired from a 35-year coaching career, 20 of which she served as head coach for the Ashland University Women's Basketball Team, Coach Ramsey is now sharing her expertise beyond the hardwood. She led the **Ashland Eagles to a Division II national title in 2013**, which followed on the heels of being the national runner-up in 2012. That same year Coach Ramsey was named the 2012 Conference, Regional and **NCAA Division 2 National Coach of the Year** and inducted into Miami University's prestigious **Cradle of Coaches**. Recently, Coach Ramsey and the 2013 National Championship team were inducted into the highly acclaimed **Ohio Basketball Hall of Fame**.

Coach Ramsey's holistic approach has led to other honors including the **Kay Yow Heart of a Coach Award** (2011). In addition, she has received the **WBCA Carol Eckman Integrity in Coaching Award** (2012) and was inducted into the **Athletes in Action "Hall of Faith"** in 2013.

Coach Ramsey continues to follow God's calling as she draws upon her vast experiences and passion to motivate, inspire, and encourage others. Known for her desire to see others excel in all areas of their lives, she focuses on team culture and leadership.



**Attend the General Session on
 Saturday, November 10th at 9:15am in Kensington G
 SCAHPERD's 2018 Keynote Speaker**

Coach Sue Ramsey

"Great Teams Have Great Teammates"

**SuperStars Winners Announced &
 Southern District SHAPE America Greetings**

**Visit the Exhibitors
 Friday, 12 pm to 5 pm and Saturday, 8 am to 5 pm**

SCAHPERD Awards Dinner

Friday, November 9th, 2018 at 7pm in Kensington G

Please join us in honoring this year's award winners. The Alliance awards will be presented and the Teacher of the Year award winners acknowledged by each Association. In addition, the Associations will present a number of awards to their members for outstanding service to their profession. Please take this opportunity to honor our members who have made significant contributions to the Associations and the Alliance.



SCDA Proudly Presents "Kaleidoscope"

Saturday, November 10th, 2018 at 7:30 pm
Embassy Suites, Kingston Plantation in Kensington EF
No Fee - Donations Accepted

Showcasing dancers from all corners of our state. Kaleidoscope features a wonderful mixture of professional, pre-professional and student choreography.

Name Badges

All conference participants must be registered and wear the appropriate identification badges in order to be admitted into official conference activities. Your badge is for your personal use only. For security purposes, please report individuals not wearing a name badge to Registration. Thank you.

Looking for
MCHES/CHES or CEUs?

**Pick up Packets at
Registration**

*Friday Awards Banquet Tickets on sale
until 12 pm on Friday. Purchase
tickets in the Registration Area.*

South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
SCDA Guest Artist



SCDA Presents:
CiCi Kelley

Regardless of the location of the stage – theater, studio, concert venue or even a football field – Kelley has left her mark. After being trained by some of the greatest names in dance at Philadelphia’s University of the Arts, the Atlanta native has forged a career that spans all genres of dance and crosses multiple industries - from sports to advertising to entertainment and beyond.

Kelley’s list of accomplishments is extensive and audiences around the world have been entertained by her dance moves. Her choreography and mesmerizing performances have been featured by the Atlanta Falcons both in national commercials and during halftime entertainment. Other choreography credits include the Fugees’ European tour, Musiq Soulchild’s “Stir the Senses” tour, and Toni Braxton’s 2010 tour and television performances. Kelley danced with Beyonce Knowles in her video for “Get Me Bodied” and during her performance of the hugely popular “Single Ladies” during the 2009 MTV VMAs.

CiCi’s work has also been performed on theatrical stages across the United States in a variety of shows including "The Wilson Pickett Project" and "The Satin Dolls: A Duke Ellington Review". She was selected by film director Jon Turteltaub to provide dance directions to award-winning actor Morgan Freeman during the filming of the blockbuster hit, "Last Vegas" as well as the film "BOLDEN" with Director Dan Pritzker.

CiCi has additional performance credits on stage and in music videos, including the video for LL Cool J’s “Control Yourself” featuring Jennifer Lopez, and Outkast’s video for “Ghetto Music.” Her choreography skills were also featured on MTV’s Emmy Award winning series, “MTV MADE,” as well as “MTV MADE Head-to-Head Hip Hop Challenge.”

Kelley has also stepped into her philanthropic shoes by helping up-and-coming young dancers start their careers off on the right foot with "The DARE DREAM DANCE Project," a C4 Atlanta fiscally sponsored initiative. Inclusive of the projects programming, Kelley provides unique commercial dance education training with a classical foundation, to develop world class artists who want to achieve success in the field of dance. She offers the Trifecta scholarship within the DARE DREAM DANCE framework to provide talented and highly ambitious young dancers the means with which to hone their craft and pursue their dreams in America’s three major dance centers: Atlanta, New York and Los Angeles. Additionally, Kelley serves as an adjunct dance professor at Spelman College in Atlanta.



SCDA Presents:
Jessica Durivage

Jessica lives for connection. She's sought that connection in many different areas over the last 20 years from massage therapy and yoga teaching to running a start-up business, hosting a podcast, working for corporate America, founding a non-profit, mentoring, speaking, writing, and consulting. She's traveled the world teaching, sharing and exploring the dynamics of connection.

Her passion to explore and connect with the emerging feminine in her own life is redefining a new threshold to which she is an apprentice to the Great Mystery which surrounds all of us. Life at this moment is sweet, simple and the only accolade that feels important to share is that she is learning to trust herself, the wisdom that lives in her body and her wise, wild and free essence.

Her humorous, relatable and nourishing approach to spiritual life, relationships, motherhood and the challenges we all face on the path are what draws students to her classes. Her writing has been featured in *Elephant Journal*, *Medium*, *Mantra Yoga & Health*, *Origin Magazine*, *Rebelle Society*, *The Urban Howl*, and *Intent.com*.

Superstars 10:00 am - 1:30 pm, Palmetto Pavilion

Superstars is a competition, held on Friday morning of the conference, in which college students from all of the colleges and universities in South Carolina compete in a variety of physical activities. It provides students with an opportunity to meet their future colleagues and to bond within their majors' clubs through friendly competition. Registration for Superstars will begin at 9:30AM on Friday. Future Professional's Business Meeting and election will be held at the end of SuperStars. All future professional participants must be SCAHPERD Future Professional members and be registered for the SCAHPERD Conference.

All teams must pre-register for the event.



SCAPES Presents:

Artie Kamiya was born and raised in Los Angeles, California. Overweight as an elementary school child, he was often subjected to many of the negative aspects of traditional physical education (i.e., being selected last for teams, not doing well in relays, etc.). However, he was fortunate to have been encouraged through a strong junior high physical education program and slowly became interested in the sport of gymnastics. He competed in high school, collegiate level (Los Angeles City College, Cal State LA), and in the 1972 National NCAA Gymnastics Championships on the rings.

Upon receiving a Masters of Art in Teaching (MAT) degree from the University of North Carolina, he worked as an elementary physical education teacher for Wake County Public Schools (Raleigh, NC). While in this position, he was able to become involved in curriculum writing, presenting, and other leadership activities. In 1983, he was hired by the North Carolina Department of Public Instruction as a Physical Education Consultant. In 1996, he was promoted to the Section Chief for Arts and Healthful Living. In this position, he directed a cadre of 11 professionals representing the Arts (Music, Dance, Visual Arts, Theatre Arts) and Healthful Living (Health, Physical Education, Athletics, Driver Education). From 2001-2005, he was the Senior Administrator for K-12 Healthful Living Education for Wake County Schools. He was recognized in 2004 as the National Physical Education Administrator of the Year.

Kamiya has been called one of the "nation's leading experts for K-12 health and physical education." He is the President & Founder of the Great Activities Publishing Company, a company known for their innovative K-12 PE publications, services, and workshops. His work has appeared on numerous ABC, NBC, CBS, and Fox TV affiliates, as well as on National Public Radio and in USA Today.

He retired from public service in 2005, but continued to follow his passion as a health and physical education advocate through his work within the Great Activities Publishing Company. He was recognized by the National Association for Sport and Physical Education as the 2007 "Joy of Effort" Award winner. He and his family live in Durham, North Carolina.

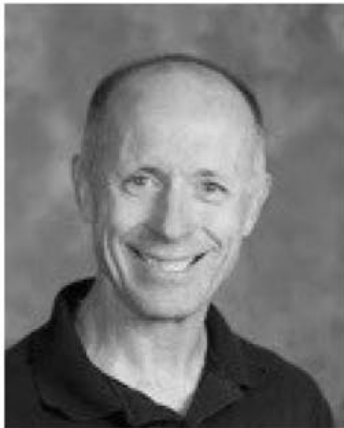
South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
SCAPES Highlighted Speaker



SCAPES Presents:
Charla Krahnke

Charla is the 2013 SHAPE America National HS PE TOY, 2013 Southern District TOY and 2013 NCAAHPERD TOY. She is a National Board Certified Teacher with a BS in Health/Physical Education from East Carolina University and a Masters in Education/Exercise Science from Campbell University. Charla retired July 2014 after 32 years of teaching and coaching from the Wake County School System in NC. Charla is currently working as a Physical Education consultant and presenter for US Games/OPEN across the United States. Presentations include OPEN, Physical Education Assessments and the Sport Education Model. Charla has been with US Games/OPEN for 5 years.





SCAFP/SCAPES Presents:
Chip Candy

Chip Candy is one of the most sought after presenters in the field of Physical Education. Chip taught Physical Education in Medford, New Jersey for 35 years. He is a national presenter/consultant, sponsored by Flaghouse, with over 400 presentations in 40+ states. Chip is a former NASPE Middle School Teacher of the Year, and NJAHPERD Honor Award recipient. Chip has also received the Governor's Award for Excellence in Teaching and has been named the Dance Educator of the Year in the state of New Jersey. Chip is known for his informative, upbeat, and exciting workshops.





**Pre Conference Workshop
Friday, November 9, 2018**

*The following workshop requires participants to be registered for the conference and have a current SCAHPERD member-

Workshop Title: Yoga: Movement as Prayer

Presenter: Jessica Durivage
Location: Kensington A
Time: 8:30AM-10:00AM
Cost: \$15.00

Workshop Description: One of the many definitions of yoga is union and in this class we will explore the union of body and soul through a slow flow vinyasa practice. This unique yoga experience will take you on a journey through setting an intention at the beginning of class and moving our bodies in ways that allow us to fully feel and express our wishes, dreams and desires.

Workshop Title: Adventure Fun for All!

Presenter: Chip Candy
Location: Kensington DEF
Time: 8:00AM-10:00AM
Cost: \$10.00

Workshop Description: Come join us to see how Adventure can change the climate of your class and change the way you teach. These activities are FUN, highly active, low props (little to no equipment), team oriented, and focused on building trust and relationships. They strive to include everyone and can be used in the classroom (Health), in the gym (Physical Education), and even used in after school activities (coaching, clubs). Without question, my students favorite and most meaningful/memorable activities were all Adventure!

Workshop Title: Commercial Choreography Seminar

Presenter: CiCi Kelley
Location: Kensington BC
Time: 10:00AM-12:30PM
Cost: \$15.00

Workshop Description: A movement-based hip-hop class for those dancers or professionals who also want a look at the business side of teaching and learning the craft. CiCi Kelley will share her experiences as a professional choreographer and professor, giving tips for both dancers and teachers in the realm of hip-hop.

Workshop Title: If You're Happy and You Know It: Elementary PE for Me

Presenter: Artie Kamiya
Location: Kensington DEF
Time: 10:15AM-12:15PM
Cost: \$10.00

Workshop Description: This 2-hour session is geared for elementary physical education teachers who enjoy a variety of upbeat activities with fitness and fun for everyone! Please join Artie Kamiya as he shares a few of his favorite ice breakers, team building activities, no-fault zone dances, and other teaching strategies.

Workshop Title: Sport Education: Empowering Your Students To Success

Presenter: Charla Krahnke, MS
Location: Windsor
Time: 10:15AM-12:15PM
Cost: \$10.00

Workshop Description: Participants will engage in an Ultimate Frisbee Sport Education season that promotes physical literacy and diversity while maximizing student participation, engagement, empowerment and leadership. Participants will take away materials and resources for life long activities and traditional sports which can be put into action immediately.

Workshop Title: Hip-Hop Video Mix

Presenter: CiCi Kelley
Location: Kensington BC
Time: 2:00PM-4:30PM
Cost: \$15.00

Workshop Description: In this pre-conference workshop, participants will dance and learn choreography with CiCi Kelley like they are on the set of a music video. This fun, upbeat hip-hop class is complete with special lighting effects to enhance the video set experience.

South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Friday, November 9, 2018

Time: 7:00AM-7:45AM
Program Title: *Healthy Heart Walk/Jog*
Lead By: Carmen Plemmons
Location: On the Beach
Description: Join us on the beach for some Vitamin D or is it Vitamin Sea. We will mark up a walk and turn around spot. See how many times you can complete the circuit in 45 minutes. You can walk, speed walk, sea shell hunt, jog, run or move anyway you want. This is not a race. Along the walk you will see heart facts and inspirational messages to start your day off right.

Time: 10:15AM-12:15PM
Program Title: *Stop the Bleed - Bleeding Control for the Injured*
Presenter: Regina Creech, MS, CHES
Location: Oxford
Description: Uncontrolled bleeding is the number one cause of preventable death from trauma. The greater the number of people who know how to control bleeding in an injured patient, the greater the chances of surviving. YOU can help save a life by knowing simple skills to stop bleeding. Much like CPR these are valuable skills to know in an emergency situation. South Carolina recently received grant funding to provide bleeding control kits to every public school in the state.

Time: 12:30PM-1:30PM
Program Title: *Being THE Change*
Presenters: Kim Perry, MS & Hunter Templeton
Location: Kensington D
Description: This detailed physical education curriculum focuses on the individual student and their personal fitness, health and nutrition. The semester is broken into weekly sections: personal fitness activities, fitness labs, PE units involving lifetime activities and health, based on SC State PE and Health Standards.

Time: 12:30PM-1:30PM
Program Title: *A Game Based Approach to Teaching and Coaching Soccer*
Presenter: Obi Atkinson
Location: Kensington EF
Description: Attendees will participate in an interactive soccer coaching education workshop. Participants will be engaged in a practical session that demonstrates key components of a Game Based Approach through the Tactical Games Model. In addition, attendees will be provided with research evidence that supports a transition to a player-centered model.

Time: 12:30PM-1:30PM
Program Title: *Amped Educators for Empowering Youth*
Presenters: Christina Cody, MEd, MSHEP & Erin Fox, MEd, GT
Location: Windsor
Description: PE, dance and health professionals will learn ways to be a resource for teachers in other content areas. Teachers will become empowered leaders for faculty and staff wellness/fitness. Each will be emboldened to use knowledge, skills, and talents to improve the mental, physical, and emotional wellness of their communities.

Time: 12:30PM-1:30PM
Program Title: *Update: Stay Connected with State, District and National Initiatives in Your Field*
Presenters: Judith Rink, Ph.D., Lynn Hammond, FASHA & Kym Kirby, Ph.D.
Location: Winchester
Description: This program will provide updates on national, southern district, and state initiatives and happenings in dance, health and physical education (including Fitnessgram). Representatives from each field will be there to discuss issues and bring you up to date on what is going on in your field.

Time: 1:45PM-2:45PM
Program Title: *While I Breathe, I Hope: Using Mindful Movement to Enhance Learning and Social Skills*
Presenter: Angela Still, MRC, ERYT, NBCT/EA ELA, KYIS
Location: Kensington A
Description: This program will demonstrate how mindful breathing and movement can improve cognitive, emotional, and physiological function in students as well as give students tools to self-regulate by engaging the parasympathetic nervous system in times of stress. In addition, it focuses on integrating the left and right hemispheres of the brain so that students can perform better on assessments and in the overall learning process.

Time: 1:45PM-2:45PM
Program Title: *Crunk Cardio GLOW PART Y*
Presenter: Shauna Marie
Location: Kensington D
Description: Get ready for the most insane dance party you have EVER experienced! Shauna Marie has taken the work out of the work out with the most high-energy dance-fitness class with a live DJ! Thousands of people have danced the pounds off, and are living healthier lives due to her outrageously fun Crunk Cardio classes, and her infectious energy. This is an experience you don't want to miss!

Time: 1:45PM-2:45PM
Program Title: *Net Generation-The Future of Tennis*
Presenter: Pamela Banks
Location: Kensington EF
Description: Net Generation Tennis curricula co-created by USTA and SHAPE America. Teachers can engage and challenge kids while inspiring them to lead a healthier lifestyle. Learn more about how to get free equipment for your school.



South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Friday, November 9, 2018

Time: 1:45PM-2:45PM
Program Title: *My Square Your Square, 2 Square 4 Square*
Presenter: Christopher Walker
Location: Windsor
Description: This session will have attendees wondering why they have stopped playing this classic game. Upon leaving this session, attendees will see the break down of teaching two square and build it into playing four square.

Time: 1:45PM-2:45PM
Program Title: *Field Day 101*
Presenters: Jason Hamil, MEd, Carlos Osorio, & Paul McGinty, MEd
Location: Pembroke
Description: A properly designed field day can be an exciting event for students and teachers and can highlight the physical education program. Attendees will leave with three distinct designs for field days for elementary and middle school. Handouts and sample forms will be provided.

Time: 1:45PM-2:45PM
Program Title: *10 Ways to Create a Skills-Based Health Classroom*
Presenter: Mary McCarley, MEd
Location: Oxford
Description: Join Mary McCarley, SHAPEAmerica's 2016 Southern District Health Teacher of the Year, for Health Education, former health teacher, and National Content Specialist for Health Education with Goodheart-Willcox, as she shares skills-based health education assessments and activities. Teachers will leave with 10 or more new skills-based activities and assessments for their teacher toolbox. In addition, all attendees will receive complimentary access to up-to-date, skills-based health education resources from Goodheart-Willcox that can easily be implemented into the classroom.

Time: 1:45PM-2:45PM
Program Title: *Activities to Strengthen your Staff/Team/Class by Fostering Relationships*
Presenter: Jodi Ronci, MEd
Location: Eton
Description: This highly engaged session promises to build relationships, encourage participation, improve motivation and work towards meeting social and emotional competencies. We all want our staff/class/team to stay engaged and thrive, and by fostering relationships, as leaders, we can be more effective and encourage our group to perform at their best by working together. Leave this session with activities you can use right away!

Time: 2:00PM-3:00PM
Program Title: *Teaching Racket and Foam Coated Ball Skills in Limited Amounts of Space*
Presenter: Jerry Honeycutt
Location: Pavilion
Description: Attendees will participate in a variety of racket skills/drills using badminton, tennis and pickleball paddles and sponge balls. Attendees will also participate in a variety of foam coated ball skills/drills and modified games.

Time: 2:00PM-5:00PM
Program Title: *Higher Ed Share Out*
Presenter: Karie Lee Orendorff, MS
Location: Winchester
Description: This session is for higher education to share their research and program offerings specific to their university.

Time: 3:00PM-4:00PM
Program Title: *Finding the "Force" with Health and Physical Education*
Presenters: Adam Mullis, and Cory Ingram
Location: Kensington A
Description: The "force" is strong with these two Padawans... During this session, attendees will discover creative ways to change attitudes of students, parents, teachers, and administrators towards health and physical education. This session will include, creative lessons, school wide activities, and helpful tips for all health and physical education teachers to become leaders in their buildings.

Time: 3:00PM-4:00PM
Program Title: *Tools for Successful Inclusion Programs*
Presenter: Rachel Lindman, MS Ed
Location: Kensington D
Description: Struggling to meet the needs of all the kiddos in your school? This session will explore assistive technology, modified equipment and strategies that will help you support the needs of students with severe and profound disabilities in both the adapted and general PE settings.

Time: 3:00PM-4:00PM
Program Title: *Fun with Fitness*
Presenters: Debbie Bernhagen, MS, NBCT
Location: Kensington EF
Description: This is an active participation workshop where you will learn fitness ideas that excite kids into participating in fitness and they don't even know they are getting a workout.

Time: 3:00PM-4:00PM
Program Title: *Fitness & Fun for Every Child!*
Presenter: Artie Kamiya
Location: Windsor
Description: Join Artie Kamiya as he "unveils" three of his favorite activities – The Fitness Wheel, Push-Up Power, and The Mystery Maze!

Time: 3:00PM-4:00PM
Program Title: *Brain Games to Enhance Learning*
Presenter: Deborah Stevens-Smith, Ed. D.
Location: Pembroke
Description: The purpose of this session is to provide physical educators and classroom teachers with a variety of brain games that can assist children in developing the neural connections that assist in learning. These games can be used as instant activities in physical education or as supplemental activities for the classroom teacher.



to visit our Exhibitors
 Friday and Saturday

**South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Friday, November 9, 2018**

Time: 3:00PM-4:00PM
Program Title: *Health: 10 Ways to Motivate and Activate Learning*
Presenter: Mary McCarley, MEd
Location: Oxford
Description: Join Mary McCarley, SHAPE America's 2016 Southern District Health Teacher of the Year for Health Education, former health teacher, and National Content Specialist for Health Education with Goodheart-Willcox, as she shares standards-based activities, assessments, and strategies that introduce a lesson and motivate students. Teachers will leave with 10 or more new activities, assessments, and strategies for their teacher toolbox. In addition, all attendees will receive complimentary access to up-to-date, skills-based health education resources from Goodheart-Willcox that can easily be implemented into the classroom.

Time: 3:00PM-4:00PM
Program Title: *Cancer Happens: Impacting Teens for Life*
Presenter: Jana Mastrogiovanni, MS, LPC
Location: Eton
Description: Cancer Happens is a FREE program that provides cancer prevention and health promotion strategies for middle and high school students. The program includes standards-based lesson plans, engaging videos, and activities. Course content provides a basic understanding of cancer, risk factors (including tobacco use, nutrition and exercise, sun safety, and HPV), and coping skills.

Time: 4:15PM-5:15PM
Program Title: *Sports, Recreation and Every Day Life*
Presenters: Kristen Cole, Alex Grooms, & Brendan Smith
Location: Kensington A
Description: Join presenters as they teach a variety of sport and recreational activities. Dance - Hip Hop and Line Dance, Baseball - general skills useful in life, and Lacrosse - Catching, Cradling and Concepts.

Time: 4:15PM-5:15PM
Program Title: *The Pirate's Way Motor Learning Lab*
Presenters: Karen Roof, BS, IMA & Emily Anderson, BS
Location: Kensington BC
Description: When gaps are created with our students due to specific needs at a young age, it can make a difference academically. The Pirate's Way Motor Learning lab will show how the activity can make a difference and how to get it in your school. Emily Anderson has written grants and worked to get a Motor Learning lab up and running this year at India Hook. Come find out how you can do it too!

Time: 4:15PM-5:15PM
Program Title: *What in the world is "Sabakiball"?*
Presenters: Sandra Nelson, Ed. D., Jordan James Nicole Van Norman, & Scott Exertz
Location: Kensington EF
Description: Sabakiball is played by more than one million children K-12 and adults across the United States and Canada! Do you know what it is? Come participate with Coastal Carolina University teacher candidates. You will experience first-hand this fast-paced unique sport. It may be a great addition to your curricular offerings.

Time: 4:15PM-5:15PM
Program Title: *Dance, Dance, Dance*
Presenter: Chip Candy
Location: Windsor
Description: This session will focus on easy to teach, easy to learn dances for every level. We'll do scattered dances, line dances, circle dances, group dances and even some unique square dances while using upbeat fun music. This is dance for the non-dancer and you can do it! When you get the choice to sit it out or dance...I hope you'll dance!

Time: 4:15PM-5:15PM
Program Title: *Breaking Out of the Textbook: Empowering Teachers with Effective Strategies to Engage 21st Century Learners*
Presenter: Tyson Gardin, Ed.S
Location: Oxford
Description: Is your textbook outdated? Break out of text and empower your students with creative and innovative instructional risks. This workshop offers strategies to transform your classroom to facilitate collaboration and cooperation, which are critical strategies to engage twenty-first-century learners. If you are looking for innovative strategies to break out of the textbook and empower students using literacy, while providing student engagement by incorporating reading, writing, and design of vocabulary games into health standards, this is the workshop for you.

Time: 4:15PM-5:15PM
Program Title: *Coach Today...Impact Forever. What Will Your Legacy Be? (Part I)*
Presenter: Sue Ramsey, SCAHPERD Keynote
Location: Eton
Description: Profound influence requires intentional living. In this session, Coach Ramsey will explore the components of a strong foundation (fundamental pieces to building your program) as well as your lasting influence as "The Coach" (your legacy).

SCAHPERD Awards Dinner

**Friday, November 9, 2018
at 7PM in Kensington G**

SCAHPERD & Association Awards

(Ticket Required)

Limited number of tickets on sale in Registration area until 12PM on Friday.

Following the SCAHPERD's Awards Dinner, join us at our Conference Social with music, friends & dancing until 10PM!!!

**South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Saturday, November 10, 2018**

Time: 8:00AM-9:00AM
Program Title: *An Untapped Niche: Integrative Movement Classes for Unlikely Movers*
Presenter: Angie Cirigliaro, BA
Location: Kensington A
Description: How to adapt physical education and dance lessons to apply to unlikely movers, including special needs students, seniors, memory care patients, and others.

Time: 8:00AM-9:00AM
Program Title: *Classroom-Based Physical Activity: How to Help Classroom Teachers Support Physical Education*
Presenters: Collin Webster, Ph.D. & Jenna Fisher, MS
Location: Kensington BC
Description: This presentation will focus on garnering the support of classroom teachers in school wide efforts to promote physically literate and active youth. Evidence-based strategies to gain classroom teachers' solidarity and increase children's daily physical activity will be discussed and demonstrated.

Time: 8:00AM-9:00AM
Program Title: *OPEN K-5 Dance Party*
Presenter: Brandon Herwick, MEd,
Location: Kensington EF
Description: Participants will actively experience a comprehensive, outcomes-based approach to teaching K-5 dance. This will include a look at the academic language of rhythm and dance, as well as an exploration of ways to build meaningful class discussions with tiered questioning strategies. All curriculum resources used in this session are available free on OPENPhysEd.org.

Time: 8:00AM-9:00AM
Program Title: *"Hey, I've Got This Kid..."*
Presenter: Nancy Crowe, MEd
Location: Kensington D
Description: Hey, I've got this kid..." Ideas for adapting your PE lessons for students with special needs. Learn to help integrate your students with special needs into your physical education classroom. This session will introduce a few tips and activities to help your students with special needs be successful. Learn more about integrating students with mental and physical disabilities into your physical education lessons.

Time: 8:00AM-9:00AM
Program Title: *Does Your Journey Matter?*
Presenter: Patrice Shearin, Ph.D.
Location: Pembroke
Description: We all have a story to tell and our story can have an impact on those that we teach or come into contact with on a daily basis. This presentation will present one professors journey back to good health, how it is has impacted her teaching, and how you can begin your journey to a better you.

Time: 8:00AM-9:00AM
Program Title: *Defining and Accepting the Reigns of Leadership*
Presenter: Andrew Lewis, Ph.D.
Location: Winchester
Description: This session is designed to identify the characteristics of leadership, group those characteristics to identify different leadership styles and indicate when those different styles should most appropriately be used. Limited space activities included.

Time: 8:00AM-9:00AM
Program Title: *Creating a Cultural Change In Your School Community to Support an Active, Healthy Lifestyle*
Presenters: Adam Mullis
Location: Oxford
Description: Teachers do amazing things in their classrooms every day; it is time for your school and community to know all the wonderful things you do! Attendees will learn about innovative physical education, health education, and weight lifting programs that can change the culture of a school. Also attends will learn about simple ways to promote their programs to the students, parents, administrators and community members.

Time: 8:00AM-9:00AM
Program Title: *Ready Player One: Making the Most of Social Media for Professional Growth*
Presenter: Rachel Lindman, MS Ed
Location: Eton
Description: Enter the digital world through social media and you will have access to educators around the world who offer ideas, inspiration, support and the nudge you need to level up your teaching game. *Please bring an internet enabled device with you.

SCAHPERD General Session

Keynote Speaker

Coach Sue Ramsey

“Great Teams Have Great Teammates”

Kensington G,

Saturday, November 10th, 9:15AM

~SuperStars Award

~SD SHAPE America Greetings



**Badges must be worn to
all conference activities**

South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Saturday, November 10, 2018

Time: 10:40AM-11:40AM
Program Title: *Identifying Students through SC Dept of Education's Gifted and Talented-Artistic Process*
Presenter: Katy Dallas
Location: Kensington A
Description: The newest version of the Best Practices Manual for the South Carolina Department of Education's gifted and talented artistic process will be discussed and explored in detail.

Time: 10:40AM-11:40AM
Program Title: *Assessing & Lesson Planning for K-12 Physical Education*
Presenter: Holly Whitaker
Location: Winchester
Description: This session will walk K-12 physical educators through a variety of resources available to assist them with assessment and standards-based lesson planning. PE Metrics, Lesson Planning for Elementary, Middle and High School Physical Education and Fitness for Life: Middle School will be featured.

Time: 10:40AM-11:40AM
Program Title: *Crunk Cardio KIDZ*
Presenter: Kaila Tolliver
Location: Kensington BC
Description: Crunk Cardio KIDZ with Kaila is OFFICIALLY the end of working out. It's the most outrageously fun dance party you have ever experienced with a live DJ. Get ready to burn 1000 calories with 60 minutes of the most CRUNK dance moves, & infectious energy...the perfect combo to shape the mind, body, & spirit.

Time: 10:40AM-11:40AM
Program Title: *Blending Technology into the Health Classroom*
Presenter: Peter Kelpin, MS Ed
Location: Oxford
Description: Health-Educators reserve 21st-century solutions. Attendees gain access to EYEXPL, a digital platform that empowers educators with free, standards-aligned courses to address the comprehensive health crises of today: mental health, character, and addiction. Attendees leave this session equipped to effectively blend technology into curriculum, supporting students through a familiar medium!

Time: 10:40AM-11:40AM
Program Title: *Awesome Heart-Healthy Elementary Dances for All!*
Presenter: Artie Kamiya
Location: Kensington D
Description: Are you dance phobic? Born with two left feet? No problem, this fun and upbeat dance session will bring a smile to your face and get your feet moving in no time. You may even find yourself calling a square dance before it is over and enjoy it!

Time: 10:40AM-11:40AM
Program Title: *FitnessGram Success Stories: Empowered by Data!*
Presenters: Sam Noblet, MPH & Lynn Hammond, FASHA
Location: Eton
Description: The SC FitnessGram Project evaluation team from USC Center for Applied Research and Evaluation (CARE) gathered success stories from PE teachers and district PE coordinators in participating districts. Session participants will learn how implementing a statewide standard fitness testing and data management system has assisted at the local level with improving school, district, and community efforts to improve student health-related fitness. Participants will gain strategies for using the data with individual students, classes, schoolwide efforts, district-wide efforts, and with community partners.

Time: 10:40AM-11:40AM
Program Title: *College Dance Recruitment Fair & Audition*
Presenters: Dance Programs from SC Colleges & Universities
Location: Kensington EF
Description: The session is for sophomore, junior, and senior high school dance students who are interested in pursuing dance in college. Students will be able to speak with college dance professors and audition for scholarships and placements.

Time: 11:50AM-12:50PM
Program Title: *"Shell" We Dance?*
Presenter: Rene' Sigmon, MFA
Location: Kensington A
Description: Participants will leave the session with lesson ideas that will integrate other subject areas with creative movement, by participating in an active session which analyzes and explores the shape, time, pathways, energy, and characteristics of sea shells to create a dance.

Time: 10:40AM-11:40AM
Program Title: *Advocacy 101*
Presenter: Nancy Crowe
Location: Pembroke
Description: Advocating for physical education is an important part of a physical educator's job. Learn the basics of being an advocate and how to promote your program and profession. Take advantage of local, state, and national opportunities to have a positive impact on physical education.



to visit our Exhibitors on
 Friday (12-5) & Saturday (8-5)



South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Saturday, November 10, 2018

Time: 11:50AM-12:50PM
Program Title: *Fast, Fun, Fitness*
Presenter: Chip Candy
Location: Kensington BC
Description: Can we really make fitness something that students (ALL STUDENTS) enjoy? Can we teach them good habits, proper form, the language associated with fitness, and lifetime activities that are fun? Can we incorporate adventure into our fitness lessons? These activities are student approved as fast, fun, fitness for all, and we can show students how to assess themselves and track their progress for self-motivation!

Time: 11:50AM-12:50PM
Program Title: *Ready, Set, Go*
Presenter: Jim Kamla, Ph.D. & USC Upstate
PETE Candidates
Location: Kensington D
Description: The addition of a good warm up fitness activity is essential for preventing injuries and optimizing the bodies ability to move. This activity session will provide participants the opportunity to learn and participate in new warm up activities to get children ready to move. Participants are encouraged to share their warm up routines they use in their programs as well.

Time: 11:50AM-12:50PM
Program Title: *Beginner Hip-Hop Swag*
Presenter: CiCi Kelley
Location: Kensington EF
Description: Come learn hip-hop dance with special guest artist, CiCi Kelley. She will take dancers through a warm-up, across the floor, and choreography in the hip-hop style. The class will be fun and exciting for all ages and experience levels.

Time: 11:50AM-12:50PM
Program Title: *OPEN the Possibilities*
Presenter: Brandon Herwick, MEd
Location: Kensington G
Description: Come to this session ready to move and celebrate the joy of teaching physical education. Leave with a wide-variety of activities that will enhance your curriculum. The Online Physical Education Network (OPENphysed.org) is a free resource that is everything described in the title of this session and more. Join the other 34,000 registered users enjoying the OPEN movement.

Time: 11:50AM-12:50PM
Program Title: *Coach Today...Impact Forever. What Will Your Legacy Be? (Part II)*
Presenter: Sue Ramsey, SCAHPERD Keynote
Location: Pembroke
Description: "They don't care how much you know until they know how much you care". Join Coach Ramsey as she probes into the characteristics of today's generation and equips you with necessary tools to have a positive influence in the lives of your student-athletes.

Time: 11:50AM-12:50PM
Program Title: *Making a Splash with Field Day*
Presenter: Shirl Carter, MS, NBCT
Location: Winchester
Description: Don't be afraid to try the old stuff, the new stuff, or a combination of both. Plan and organize a field day that works for your program. Design a competitive, cooperative, or mixed field day that gives everyone something to talk about.

Time: 11:50AM-12:50PM
Program Title: *SC Health Educators' Preparation & Attitudes Toward LGBTQ-Inclusion*
Presenter: Sarah Burnham, EdD, NBCT
Location: Oxford
Description: This presentation will summarize recent research findings from a 2017 survey of 181 health educators across the state. Teachers' levels of preparation to teach health education and their sense of self-efficacy are examined, as well as their attitudes regarding the inclusion of lesbian, gay, bisexual, transgender, and queer students in health education classes.

Time: 1:00PM-2:00PM
Program Title: *Classic to Contemporary Jazz Dance*
Presenters: Meredith Sims, Ph.D
Location: Kensington A
Description: This class will explore jazz dance from its origins in social dance to the work of the jazz masters to contemporary jazz. Following a traditional format the class will include a warm up, progressions across the floor, and a center combination.

Time: 1:00PM-2:00PM
Program Title: *PACER: Empowering Students*
Presenters: Michelle Vestal, MS, Ed.S & Robyn Neville, IMA
Location: Kensington BC
Description: Come learn how to combine PACER, fitness exercises, and technology in a fun daily warm-up for your PE classroom. Learn how we use daily PACER data to motivate students to take ownership of their cardiovascular endurance fitness level and use exercises to improve their other fitness levels at the same time!

Time: 1:00PM-2:00PM
Program Title: *What Learning Looks Like in Physical Education for ALL Students K-8th Grade*
Presenters: Adam Mullis, Rachel Lindman, & Mike Lally, MAT
Location: Kensington D
Description: This session will include a variety of different net/wall games, invasion games, and fitness activities. Presenters will demonstrate, appropriate grade level lessons that incorporate best practice, technology, and assessment. In addition, modification for all students will be shown throughout the lessons.



**SCAHPERD IS A SMOKE-FREE
 CONFERENCE**



GET MOVING

**South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Saturday, November 10, 2018**

Time: 1:00PM-2:00PM
Program Title: *Major*Fit: Majorette Dance Fitness*
Presenters: Veneshia Stribling, MED
Location: Kensington EF
Description: Major*Fit is a dance fitness class that is Zumba inspired with a majorette dance feel. Participants will be dancing and burning calories to an edited playlist that will include marching band music, R&B, Hip-Hop, and Old School, just to name a few. Our classes are for participants of all ages.

Time: 1:00PM-2:00PM
Program Title: *Tools for Teaching with Limited Equipment*
Presenters: Charla Krahnke, MS
Location: Kensington G
Description: Attend this session ready to be actively engaged in activities aligned with SHAPE America's National Standards & Grade-Level Outcomes. This session will demonstrate limited activity equipment content that can be easily implemented in a variety of settings. Discover fun and easy methods to promote best practices and high quality physical education.

Time: 1:00PM-2:00PM
Program Title: *Physical Education Crossroads - The Future of the Field*
Presenters: Tim Bott, Ph.D, David Stodden, Ph.D, Dan Bornstein, & Robert Brimmer
Location: Pembroke
Description: Physical education needs to evolve to retain its position as a compulsory part of education. The President's Physical Fitness Challenge was established to increase physical fitness of youth to improve military readiness. The same arguments are being made today. This session presents a paradigm that could ensure the future of physical education.

Time: 1:00PM-2:00PM
Program Title: "What the 'Shell' Does PE Look Like?"
Presenters: Lynn Hammond, BS, FASHA
Location: Winchester
Description: In 2016-17, the USC Center for Applied Research and Evaluation (CARE) surveyed PE teachers in districts participating in the SC FitnessGram Project. The survey focused on implementing FitnessGram testing and software use and asked questions about the physical education program in participating schools. Session participants will gain an understating of indicators of the status of physical education program inputs such as instructional time, budgets, facilities, equipment, teacher preparation and experience. Participants will be able to compare the survey data to best practice recommendations and SC policies.

Time: 1:00PM-2:00PM
Program Title: *Let's Advocate - South Carolina Health Advocates*
Presenters: Bethann Rohaly, MS & Christine Beyer, Ph.D.
Location: Oxford
Description: An update on the direction of the SC Health Advocates Consortium with highlights of how to impact health education in SC that will include open discussion and input from participants.

Time: 1:00PM-2:00PM
Program Title: *The Fast and the Furious*
Presenters: Robin Brannon, Todd Seagle, Cindy Gallman, Lori Florence, Penny Wyatt, & Marty Owens
Location: Eton
Description: This session will target future professionals and first/second year teachers as they participate in a "speed dating" format question and answer session with veteran P.E. teachers who are all former S.C. TOYs.

Time: 2:10PM-3:10PM
Program Title: *World Dance*
Presenters: Ashlee Ratigan, BA
Location: Kensington A
Description: The session will guide you through learning Japanese Circle Dancing, Irish Soft Shoe skills, and other world dance forms that can be easily taught and integrated.

Time: 2:10PM-3:10PM
Program Title: *Be A Boss, Teach Lacrosse!*
Presenters: Karie Orendorff, MA & Laura Parker,
Location: Kensington BC
Description: Learn basic skills and activities to enhance or begin your lacrosse unit.

Time: 2:10PM-3:10PM
Program Title: *Introduction to 5-a-Side Soccer*
Presenters: Emily Gilbert, MS
Location: Kensington D
Description: 5-a-side soccer is a Paralympic sport designed specifically for individuals with visual impairments, of which the United States recently started a national team. The purpose of this interactive session is to provide teachers with the fundamental information and skills to incorporate 5-a-side soccer into an inclusive physical education curriculum.

Time: 2:10PM-3:10PM
Program Title: *Celebrating 60 Years of the Alvin Ailey American Dance Theatre*
Presenters: Jacquelyn Stokes, MFA
Location: Kensington EF
Description: Alvin Ailey described "Revelations" as "sometimes sorrowful, sometimes jubilant, but always hopeful." Dance comes from the people and it should always be delivered back to the people. Participants will create original movement phrases to spirituals and gospel songs that inspired Mr. Ailey's "Revelations". Resources will be provided.



South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Saturday, November 10, 2018

Time: 2:10PM-3:10PM
Program Title: *Be An Inspiration Netball Program*
Presenters: Kie McCrae, MBA, & Sonya Ottaway, CA, CISA
Location: Kensington G
Description: Netball America's "Be An Inspiration" Programs have supported empowering adults and youth through a globally popular sport, Netball. This program has helped change social behaviors and build communities through participation in Netball. Netball is all-inclusive and participants get to participate in the game (true team sport) as the ball has to be passed to each player in their different zones (no ball hogs). This leads to empowerment as the player owns their own position on court and the skills learned help contribute to a teaming environment.

Time: 2:10PM-3:10PM
Program Title: *Targeted Screening in Physical Education*
Presenters: Craig Pfeifer, Ph.D., ATC
Location: Pembroke
Description: Should you as a physical education professional implement movement screening within the classroom? An overview of the practicality of common movement screening tools and how to implement targeted movement screening without the use of specialized equipment.

Time: 2:10PM-3:10PM
Program Title: *Empowering Teachers and Engaging Students with Data*
Presenters: Vette Wolf
Location: Winchester
Description: To create and sustain a quality physical education program, teachers must be given the appropriate tools and resources. Likewise, to create and sustain healthy youth it takes an understanding of where they are and where they are going. By using data from fitness, cognitive, behavioral and motor skill domains teachers can validate their instruction and students can understand what it takes to be healthy, fit, and active for life. In this session you'll learn the importance of district wide data collection and how it will forever change the way physical education is viewed.

Time: 2:10PM-3:10PM
Program Title: *More Health for All!*
Presenters: Bethann Rohaly, MS
Location: Oxford
Description: Ideas for increasing the amount of health education being taught in elementary schools through a multicurricular approach. Scope and sequence ideas for covering more of our new SC standards in middle school and high school. Be ready for interactive discussion and resources.

Time: 2:10PM-3:10PM
Program Title: *Higher Education= The Discussion Needs to Continue*
Presenters: Cindy Cavanaugh, EdE
Location: Eton
Description: The session is designed for individuals who are interested in the issues in higher education. Problems, questions, and concerns will be addressed.

Time: 3:20PM-4:20PM
Program Title: *Universal Design for Learning in Physical Education*
Presenters: Ali Brian, Ph.D., Sally Taunton, Ph.D., & Ben Miedema, Ph.D.
Location: Kensington A
Description: Physical education classrooms include students with and without disabilities and students with various student levels of performance. Universal Design for Learning (UDL) is a curricular framework which can meet the needs of all students simultaneously. Through this interactive presentation, participants will learn about UDL and participate in sample UDL activities.

Time: 3:20PM-4:20PM
Program Title: *Blitz 360 and UltraBall*
Presenters: Jason Hamil, ME
Location: Kensington BC
Description: Blitz 360 and UltraBall are two games within The Blitz Curriculum. These fast paced games are designed to involve all students regardless of skill level. They can be played single gender or co-ed and can involve large numbers of students. This is an optional participation session.

Time: 3:20PM-4:20PM
Program Title: *Cruise Ship Physical Fitness*
Presenters: Pete Ellis, MS, & Kim Davis, MS
Location: Kensington D
Description: Fun ways to work on health and skill related fitness and improve Fitnessgram Scores.

Time: 3:20PM-4:20PM
Program Title: *Badminton Bonanza*
Presenters: Charla Krahnke, MS
Location: Kensington EF
Description: This session provides a developmentally appropriate session for lead-up to net games. Badminton drills, skill development and fitness activities are used to integrate large numbers into your program. Different types of rackets and shuttles may be used to modify for all needs. Many free resources and follow-up/ assistance provided.

Take Your Picture at the
SCAHPERD Photo Wall
Post on Social Media @SCAHPERD,
#SCAHPERD2018



South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Saturday, November 10, 2018

Time: 3:20PM-4:20PM
Program Title: *FORE!*
Presenters: Ryan Sacko, Ph.D,
& Harrison Brimmer
Location: Kensington G
Description: This session will give teachers hands on access to skill progression, activities and ideas to be used in their classroom immediately for grade K-12 for golf.

Time: 3:20PM-4:20PM
Program Title: *FitnessGram Assessment: Student Engagement*
Presenter: Deborah Croxton, MS
Location: Pembroke
Description: What do students do before and after the FitnessGram assessments? Given many schools have one-to-one technology, Google Classroom is a resourceful tool that can be utilized to enhance student engagement before, during and after FitnessGram assessments.

Time: 3:20PM-4:20PM
Program Title: *Job Hunting... Are You Ready?*
Presenters: Sandra Nelson, Ed. D,
Ashley Jordan & Brandon Key
Location: Winchester
Description: Find out how to secure a teaching position and prepare for your first year! Two Coastal Carolina University alumni will discuss how they were able to secure a position and prepare for the start of the school year. Their former professor will also share ideas to assist you.

Time: 3:20PM-4:20PM
Program Title: *How to use Blended Learning for Health and Physical Education for Better Results*
Presenter: Margie Clark Keaton, BA
Location: Oxford
Description: I will teach you how to incorporate blended learning in your programs to better manage and challenge your students to become more engaged and responsible for their learning. I also have some added bonuses for teaching sex-education by incorporating blended learning, that will make that a less challenging process.

Time: 4:30PM-5:30PM
Program Title: SCAPES Association Meeting
Presenters: Robin Brannon & Cindy Gallman
Location: Pembroke
Description: SCAPES Association Meeting

Time: 4:30PM-5:30PM
Program Title: SCDA Association Meeting
Presenter: Kristin Tillotson
Location: Winchester
Description: SCDA Association Meeting

Time: 4:30PM-5:30PM
Program Title: SCAAHE Association Meeting
Presenter: Lynn Hammond
Location: Oxford
Description: SCAAHE Association Meeting

Time: 4:45PM-6:30PM
Program Title: *Kaleidoscope Rehearsal*
Presenters: SCDA
Location: Kensington EF
Description: Kaleidoscope Rehearsal

Time: 5:30PM-6:30PM
Program Title: SCAPES New Officers' Orientation Meeting
Presenter: Adam Mullis
Location: Pembroke
Description: All newly elected SCAPES officers are asked to attend this meeting.

Time: 5:30PM-6:30PM
Program Title: SCDA Officers' New Orientation Meeting
Presenter: Shannon Bradberry
Location: Winchester
Description: All newly elected SCDA officers are asked to attend this meeting.

Time: 5:30PM-6:30PM
Program Title: SCAAHE New Officers' Orientation Meeting
Presenter: Lynn Hammond
Location: Oxford
Description: All newly elected SCAAHE officers are asked to attend this meeting.

Time: 5:30PM-6:30PM
Program Title: *2017-2018 Jump Rope/Hoops for Heart Coordinators Celebration*
Presenters: Carmen Plemmons
Location: Eton
Description: This event is to recognize and celebrate ALL 2017-2018 JRFH/HFH Coordinators in SC. SCAHPERD and the American Heart Association want to recognize each of you. There will be fun activities to participate in and chances to win "GIFT CARDS." Plan to attend and let us spoil you.

KALEIDOSCOPE

Saturday, November 10th @
 7:30PM
 Embassy Suites,
 Kingston Plantation in
 Kensington EF



South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Sunday, November 11, 2018

Time: 7:15AM-7:55AM
Program Title: *Devotional*
Location: Eton
Presenter: Gina Barton, Ph.D., Kym Kirby, Ph.D., & Leland Nielsen, Ph.D.
Time: 8:00AM-8:50AM
Description: It takes courage and perseverance to break out of one's shell in becoming a "better you". Too many times, reaching our full potential is crippled by fear. The purpose of this session is to discuss ways to improve our quality of life through professional, personal, and spiritual growth.

Program Title: *PE Notebooks*
Presenters: Pete Ellis, MS & Kim Davis, MS
Location: Kensington A
Description: There is a simple and easy way to address the cognitive and affective domains in physical education by using notebooks and journals. Reading and writing across the curriculum can be integrated in the areas of health, skill and health related fitness, applying the FITT principle, social and emotional topics, and more.

Time: 8:00AM-8:50AM
Program Title: *Teaching PE in a Montessori Way*
Presenters: Brandy Ellis & Chad Rentz
Location: Kensington BC
Description: Break out of your shell and learn about how the Montessori method can be used in the Physical Education class setting.

Time: 8:00AM-8:50AM
Program Title: *Heart and Mind*
Presenter: Kim Spangler, MA
Location: Kensington D
Description: We know walking is beneficial. Our fast paced lifestyles justify the need for yoga and meditation. Don't have time to do both? Learn how to combine the two. Empower yourself with themed walks that include: gratitude journeys, empowerment walks, pause for a purpose, pose and walk, and a solution walk. Break out of your shell and try something new!

Time: 8:00AM-8:50AM
Program Title: *Plan for Change*
Presenters: Jaci Foister
Location: Kensington G
Description: In this session, Foister will be presenting efficient and innovative ideas to make a well rounded school health and wellness program for school staff and students. Session will provide program descriptions and planning details for health and wellness events (like field day and walk at school), programs for teachers (like weekly workouts, monthly walks, and health incentives), and funding opportunities (deadlines for grants and fundraiser ideas). Foister hopes session attendees will leave prepared and confident for the 2018-2019 school year!

Time: 8:00AM-8:50AM
Program Title: *PaddleZlam, Next Level*
Presenter: Christopher Walker
Location: Kensington EF
Description: PaddleZlam is the new game introduced last year. This session will blow your mind in the way the game can be incorporated into your curriculum. You will go over the basics of striking, game play and then make the jump into next level with team play (offensive and defensive).

Time: 8:00AM-8:50AM
Program Title: *Professionalism: What Does it Mean for Future Professionals?*
Presenters: Sandra Nelson, Ed.D. & Jonah Fesko
Location: Winchester
Description: Join our informal meeting to discuss the importance of professionalism. Jonah Fesko, a Coastal Carolina Alumni and National SHAPE Major of the year will provide his thoughts while Dr. Nelson, club advisor and professor will provide insight into how CCU is meeting SHAPE America's professionalism expectations within the program.

Time: 8:00AM-9:50AM
Program Title: *30 Years of the SC Comprehensive Health Education Act: Past, Present and Future*
Presenters: Panel Discussion
Location: Oxford
Description: The SC Comprehensive Health Education (CHE) Act passed in 1988. This law governs the delivery of health education instruction in SC public schools. Over the past 30 years, much has changed in the world, in communities, and in schools. An historical perspective of the CHE Act from the time of adoption to present will be presented. Participants will gain an understanding of the requirements of the law and be able to compare the language of the law with recent societal and legal changes that are relevant to the CHE Act. Participants will leave with a set of advocacy actions that will support strengthening health education in SC public schools.

Time: 9:00AM-9:50AM
Program Title: *Cup Stacking Made Easy!*
Presenters: Todd Seagle, MS, Robin Brannon, MS & Ashley Wyatt, MAT
Location: Kensington A
Description: The participants will leave the session with easy ways to implement speed stacking into their curriculum. We will also discuss ways to use speed stacking to raise money for your program.



South Carolina Alliance for Health, Physical Education, Recreation and Dance
Conference Program
Sunday, November 11, 2018

Time: 9:00AM-9:50AM
Program Title: "Shell" We Dance?
Presenter: Rene' Sigmon, MFA
Location: Kensington BC
Description: Participants will leave the session with lesson ideas integrating other subject areas with creative movement. This active session will analyze and explore the shape, time, pathways, energy, and characteristics of sea shells to create a dance.

Time: 9:00AM-9:50AM
Program Title: *Instructional Strategies and Resources*
Presenters: Ali Brian, Ph.D., Sally Taunton, Ph.D. & Ben Miedema, Ph.D.
Location: Kensington D
Description: This interactive session will introduce a variety of instructional strategies for both general and adapted physical education teachers on how to include children with disabilities. Many instructional resources will be provided to maximize learning outcomes for children with a wide range of disabilities in general and inclusive physical education settings.

Time: 9:00AM-9:50AM
Program Title: *How to Achieve MVPA When Practicing Object Projection Control Skills*
Presenter: Ryan Sacko, Ph.D.
Location: Kensington EF
Description: This program will inform PE teachers how to implement the practice of object projection control skills (e.g., kicking, throwing, striking) while achieving recommended levels of MVPA in their lessons. This session will relate current research to best practice strategies for use within the classroom.

Time: 9:00AM-9:50AM
Program Title: *2019 Conference Planning Meeting*
Presenter: Edith Ellis, Ph.D.
Location: Kensington G
Description: 2019 Conference Planning Meeting

Time: 9:00AM-9:50AM
Program Title: *An Overview of Novel Training Method Characteristics*
Presenters: Leland Nielsen, Ph.D.
Location: Eton
Description: An overview of some popular, yet novel, training methods. Training methods will include blood flow resistance training, CrossFit, Tabata training, and lifting to failure with low loads (resistance). The overview will explain why they are unique, how they can be used effectively, and highlight potential issues associated with each.



Meeting Reminder

Join us at the
Annual SCAHPERD
Business Meeting

Sunday,
November 11, 2018
at 10:00AM in
Pembroke.

Everyone in
attendance will be
eligible for prizes.

New Officer
Orientation following
the Business Meeting
11:30AM-12:00PM in
Pembroke

Thank you to our exhibitors for
being a part of SCAHPERD 2018.



2018 SCAHPERD AWARDS

Honor Award—Edith (Edie) B. Ellis, Ph.D.

This HONOR AWARD is the highest award given by SCAHPERD. Recipients represent role models for students, clients and/or professionals for the Alliance. It is with great pleasure that we present this award to Dr. Edie Ellis retired Assistant Professor, of Health and Human Performance at the College of Charleston. Dr. Ellis has been a member of SCAHPERD for 16 years, and has served our alliance in multiple leadership roles, including, but not limited to the SCAHPERD President (two terms), SCAAHE President, Honor Awards Committee Chair, SCAHPERD 90th Anniversary Celebration Committee Chair, helped write the Future Professionals By-laws and various other committees.

A noted contribution of Dr. Ellis was her willingness to serve two terms as SCAHPERD President and lead the Alliance forward when called upon. Her educational background includes a BA from Lynchburg College, an MEd from the University of Virginia, and a PhD from Virginia Commonwealth University.

Dr. Ellis has presented at local, state, district and national educational-based conferences and continues to be active in the profession. Some of her current and past professional affiliations include: National Education Association, Henrico Education Association, Association for Supervision and Curriculum Development, VAHPERD, and SHAPE America.

Edie is well-respected by colleagues, health professionals and was well liked by her students and colleagues while serving as a faculty member at the College of Charleston. SCAHPERD is pleased to have her join others that have been recognized as Honor Award recipients.

Advocacy Award—Yarley Steedly

The ADVOCACY AWARD recognizes a person who has significantly promoted and/or advanced the mission of the Alliance in South Carolina. This year’s recipient is Ms. Yarley Steedly, Director of Government Relations for SC American Heart Association (AHA). In the spring of 2018, SCAHPERD faced an uphill battle with Senate bill S.302 unanimously passing the senate, allowing marching band to replace the required physical education credit in high school. Without a paid lobbyist, an attempt to defeat this bill in the SC House of Representatives seemed insurmountable. The guidance, advice, and support Ms. Steedly gave to the SCAHPERD advocacy committee was invaluable. Countless hours were spent with SCAHPERD’s advocacy committee members assisting with how to “fight” the bill, with whom to speak, setting up contacts with legislators and personally contacting legislators. On multiple days, she was at the State House with the SCAHPERD Executive Director offering guidance and speaking to representatives. Her assistance also helped SCAHPERD to establish political collateral that can continue to be built on in the future. Ms. Steedly has been a strong partner and friend to SCAHPERD. It is with great appreciation and pleasure that SCAHPERD honor her with the 2018 Advocacy Award.

Distinguished Organization Award—

Physical Education Teacher Education Program at Winthrop University

This award recognizes organizations that have promoted and/or advanced the mission of SCAHPERD in South Carolina through education, legislation/regulation, and/or community and/or statewide programs.

The PETE program at Winthrop University has provided a consistent tradition in preparing physical education teachers for the state of South Carolina. That tradition began as Winthrop was founded in 1886; physical education was one of the original majors at Winthrop. The program has provided innumerable quality physical education teachers for the state of South Carolina.

The program boasts a 100% pass rate for all of its graduates on the Praxis II Subject Area Exam (5095): Physical Education Content and Design in the past five years. Since the Spring of 2014, when the edTPA Teacher Performance Assessment originated as the culminating requirement for graduation, 100% of PETE graduates have passed the edTPA assessment at the acceptable score set by the Richard W. Riley College of Education. The edTPA is an authentic assessment of teaching in which the future physical education teachers must videotape their teaching and “prove” that they know how to plan, teach, and assess K-12 students.

There have been two PETE program graduates who have achieved “Teacher of the Year” status in their schools or districts in 2016, and one graduate was nominated for 2018 New Teacher of the Year.

The Winthrop PETE program has been a significant, participating member of the Olde English Consortium (OEC) Physical Education Committee since the Fall of 2014. Participation in the OEC Professional Development Day demonstrates the program’s commitment to teaching its graduates to become life-long learners.





2018 SCDA AWARDS

President's Award— Emily Enloe

Emily Enloe is originally from Knoxville, TN. She attended the University of South Carolina as an undergraduate in the Dance Education program and earned her degree with K-12 teaching certification. During her time at USC, Ms. Enloe taught at a local dance studio for ages 18 months to 13 years in ballet, tap, and jazz. She was also a student in the South Carolina Honors College, and received the Magellan Scholar award her senior year for work on the iDance SC project with Dr. Mila Parrish teaching dance to a local high school through videoconferencing. She was one of the founding members of the dance department's first student organization, the National Dance Education Organization at USC (NDEO at USC) and served as President for three years as well as attended and assisted in various NDEO and South Carolina Dance Association (SCDA) conferences. She has performed in USC productions of "Divine Comedy", "Diversions of Angels", and multiple USC Student Showcases, as well as choreographed various works for the USC stage including contemporary-jazz piece "Cohort Conspiracy", and tap piece "We Got Together". After graduation, Ms. Enloe was the dance specialist at Southeast Middle School and C.A. Johnson High School in Richland District One, Columbia, SC. She completed her Master's in Early Childhood Education at USC in August 2013. She has also worked as a mentor for "Dancers Connect", a program that brings together middle/high school dance students with USC dance education students for free classes on Saturdays in Columbia. She presented on this program at the 2012 NDEO conference in Los Angeles as well as the 2013 conference in Miami. She also presented at the 2015 NDEO conference in Phoenix, AZ, on dance & technology. Ms. Enloe is active in SCDA. This professional state group provides and advocates for the education of students in dance, and Ms. Enloe currently serves as the Honors & Recognitions Chair as well as the 2016-17 President. Ms. Enloe will begin her tenure as the 2019 SCAHPERD President.

Ms. Enloe is in her seventh year of teaching at Oakbrook Middle School where she was recognized as the 2018 Teacher of the Year. She is always excited to see both new and familiar faces in her dance classroom.



President's Award— Jennifer Coffey

Jennifer Coffey is in her sixth year of teaching at Pleasant Hill Middle School in Lexington County School District 1. She is the founder and head coach of the Pleasant Hill Middle School Dance Team. Her dance training began at Tamalyn's Dance Centre where she performed extensively with the Orangeburg Civic Ballet. In 2013, she graduated Summa Cum Laude from the University of South Carolina with a Bachelor of Arts Degree in Dance Education. During her undergraduate studies, Coffey received the Richard Durlach Award for Outstanding Achievement in Dance Education, the Student Government Rising Star Award, and was named a Magellan Scholar, receiving \$5,000 for undergraduate research in dance education. She currently serves on the Board of Directors for the South Carolina Dance Association as the Regional Coordinator for the Midlands. In 2018, she returned to Tamalyn's Dance Centre as a faculty member, overseeing the studio's hip-hop program.



2018 SCAPES AWARDS

SCAPES Founder’s Awards for Teaching Excellence
Teacher of the Year: Elementary Level - Karen Roof

Karen Roof is currently teaching at India Hook Elementary in Rock Hill, SC. She has taught elementary physical education for 32 years. Karen has also taught as an adjunct professor at Winthrop University for 22 years. She graduated from Winthrop University with a B.S. Degree in Physical Education in 1987 and from the University of South Carolina with an I.M.A. Degree in Physical Education in 1992.

Karen has been the India Hook Elementary Teacher of the Year seven times and was the SCAPES Co-Teacher of the Year in 2014. She is also a National Board Certified Teacher. She has been honored as the SCAHPERD Jump Rope for Heart Coordinator of the Year and the SHAPE Southern District Jump Rope for Heart Coordinator of the Year. Karen received the Distinguished Alumni Award from Winthrop University’s Health and Physical Education Program in 2005. She is also a member of the Airport High School Athletic Hall of Fame and the Airport High School Education Hall of Fame.

Karen is a member of SHAPE America and an active member of SCAHPERD. She has attended the SCAHPERD Annual Conference for all of her 32 years of teaching. She has been active in service to the profession, as she has presented at the local, state and national level, consistently presenting at SCAHPERD and the Olde English Consortium. She has served on multiple SCAPES committees throughout the years. Karen serves as a board member for the Cindy Roof Wilkerson Foundation.

Karen continues to have a passion for teaching excellence. She believes she has the best job ever and is thankful every day that she gets to teach physical education to young people!

SCAPES is honored to present the 2018 Elementary Teacher of the Year to Ms. Karen Roof.



SCAPES Founder’s Awards for Teaching Excellence
Teacher of the Year: Middle School Level –Debbie Bernhagen

Debbie Bernhagen is currently the Lead Teacher at Summit Parkway Middle School in the magnet program she helped to develop, The Academy of Exercise Physiology and Sports Medicine, better known as *GetFit*. She has taught at Summit Parkway Middle for the past 27 years and has been in Richland School District Two for 35 years, all at the middle school level. She earned both her BS and Master’s Degrees from the University of South Carolina in Health and Physical Education.

Debbie has been the Summit Parkway Teacher of the Year and has received the SCAPES Middle Level Physical Education Teacher on two other occasions. She is also a National Board Certified Teacher. She loves attending the annual SCAHPERD Conference each year and has often been a presenter for various sessions and workshops. Debbie has also presented at SHAPE America National Conventions and Southern District SHAPE conferences as well.

Debbie assisted DHEC with the implementation of the statewide Fitnessgram Project, helping with training and workshops across the state. She was also a major contributor to the Middle School South Carolina Physical Education Assessment Program. She helped to create and pilot assessments, piloting and was a trainer at Physical Education Institutes across the state.

Debbie is actively involved in her church where she serves as the music director. She enjoys playing the guitar and participating in a variety of outdoor activities including hiking, kayaking, biking, jogging, swimming and camping. One of her lifetime goals is to visit every National Park in the United States.

SCAPES is honored to present the 2018 Middle School Teacher of the Year to Ms. Debbie Bernhagen.



2018 SCAPES AWARDS

SCAPES Founder’s Awards for Teaching Excellence **Teacher of the Year: Secondary Level –Kim Perry**

Kim Perry is currently teaching at Lancaster High School, where she also graduated from high school, and serves as the lead physical education teacher for the Lancaster County School District. She has been teaching secondary physical education for 16 years. She graduated from Winthrop University with a B.S. Degree in Physical Education in 1996. While at Winthrop, she played softball for the Lady Patriots. Kim recently completed her Master’s in Sports Management from the United Sports Academy. She currently serves as a cooperating teacher, mentoring student teachers for Winthrop University and Coker College.

Kim’s drive for excellence in teaching began when she was a student at Winthrop. As a student, she received the National Association for Sport and Physical Education (NASPE) Outstanding Student Intern Award. She was named the Long Middle School Teacher of the Year in 2008. She was a contributing writer for her district’s Physical Education Grade Level Student Learning Objectives (SLOs).

Kim is a strong advocate for her students and her profession. Her goal is for every student to feel/be successful at something every day. She believes the physical education teacher should be the “spirit and energy at their schools” and she strives to live that out daily. Kim passionately spoke before the SC House Education Sub-Committee in spring 2018, against the bill that allowed marching band to replace the physical education credit in high school. She believes it is critical for every teacher to stay politically engaged in issues that impact our profession.

Kim is a member of SHAPE America and a member of SCAHPERD. She has been active in service to the profession, as she has presented at the local and state levels, including SCAHPERD. She attends SCAHPERD every year as well as the Olde English Consortium. Kim also serves on the Executive Board for the Coach’s Association of Woman’s Sport and is a member of the SC Coach’s Association.

Kim is married to Jerry and they have one daughter, Keller.

SCAPES is honored to present the 2018 High School Teacher of the Year to Mrs. Kim Perry.



GET MOVING

SCAPES Founder’s Awards for Teaching Excellence **Teacher of the Year: Higher Education –Dr. Cindy Cavanaugh**

Cindy A. Cavanaugh is currently a Professor in Physical Education, Teacher Certification and the Chairperson for the Education Department at Limestone College in Gaffney, SC. She is responsible for the preparation and supervision of students who want to become physical education teachers (K-12).

Dr. Cavanaugh earned her Bachelor of Science in Health and Physical Education, K-12 certification, from Western Illinois University at Macomb, Illinois, a Master of Science in Physical Education from Utah State University in Logan, Utah, and Educational Doctorate in Curriculum and Instruction in Physical Education from the University of Georgia in Athens, Georgia.

She is a member of SHAPE-America, South Carolina Association of Health, Physical Education, Recreation and Dance (SCAHPERD) and has served on numerous committees, as well as, presented; and Kappa Delta Pi. She serves on the Area 12 Leadership Council of Special Olympics and is a volunteer for First Tee, a program that teaches kids values through golf.

She has been honored with the South Carolina Independent College and University Excellence in Teaching Award – 2017; Fullerton Foundation Faculty Award (2011 and 2014), Invited Convocation speaker graduation at Limestone College, December 2013; Who’s Who Among America’s Teachers, 2000, 2002, 2004, 2006; and Legislative Award for Superior Teaching, WCU, (1998).

Most of Dr. Cavanaugh’s academic career, both teaching and coaching, has been at smaller institutions. She believes this is where education can be individualized by understanding how each student learns. Currently, at Limestone College, she teaches methods courses in both physical education and health, “The Exceptional Child”, “Foundations of Physical Education”, and activity and skill courses. She is a vigorous supporter of her students pursuing presentation opportunities.

SCAPES is honored to present the 2018 College Level Teacher of the Year to Dr. Cindy Cavanaugh.

2018 SCAPES AWARDS

SCAPES Founder’s Awards for Teaching Excellence
Teacher of the Year: Adaptive Level–Rachel Lindman

Rachel Lindman is currently in her 5th year of teaching as an Adaptive Physical Education Specialist in Richland School District Two. She loves the creative challenge of making physical activity and sport accessible to students, despite cognitive and physical limitations. From the beginning of her teaching career, Rachel’s passion for serving students with special needs has driven her to create numerous extracurricular school and district programs. She has created and implemented a number of in-school clubs and activities, including a before school intramural program. She wrote a Unified Physical Education curriculum and implemented it in one of the middle schools in the district. As part of the Special Olympics Special Task Force, she was a contributing writer for their “Project Unify” curriculum. She also plans quarterly festivals to “celebrate” her students, inviting the general education students and parents in to support and be spectators as student athletes show off and celebrate the progress they have made. Rachel is also a Cross Country and Track coach, and Vice President of the Track and Cross Country Coaches Association. She says her goal while teaching and coaching is to develop confident, tenacious young people with a competitive spirit, who desire and have the skills to live a healthy active lifestyle.

Rachel is leader and a learner. She is an active member of SHAPE America and SCAHPERD. She attends the SHAPE America National Convention as well as the SCAHPERD Conference, where she often makes presentations. She currently serves on the SCAPES board as the Adaptive Physical Education Chair and has assisted with SuperStars. She has just completed her service as president of The Health and Physical Education Key Leaders Group of South Carolina. She regularly participates in online professional development including #ESPEchat, #APEchatter, and #PHYSEDSUMMIT.

Outside of school, Rachel supports the local rugby programs and loves being active - lifting weights, running and playing beach volleyball or disc golf with friends. She enjoys reading, photography, painting and hanging out with her dog Merlin, and her cats, Spartacus and Remington.

SCAPES is honored to present the 2018 Adapted Teacher of the Year to Ms. Rachel Lindman.



GET MOVING

2018 SCAHPERD Jump Rope for Heart/ Hoops for Heart AWARDS

Jump Rope for Heart Coordinator of the Year 2017-2018

Dee Davis, Cedar Grove Elementary School, Williamston, SC

Hoops for Heart Coordinator of the Year 2017-2018

Stacy Hughes, Ten Oaks Middle School, Myrtle Beach, SC

Rookie JRFH/HFH Coordinator of the Year 2017-2018

Kelsy Shea, Daniel Island School, Charleston, SC

Administrator with Heart 2017-2018

Mark Hendry, Houston Elementary School, Spartanburg, SC

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- seek an Adapted Physical Education add-on endorsement or certificate available in certain states

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SCAHPERD PRESIDENTS

- 2018 Edith Ellis
- 2017 Gina Barton
- 2016 Ashlee Ratigan
- 2015 Lynn Hammond
- 2014 Todd Seagle
- 2013 Shelley Hamill
- 2012 Cindy Heos
- 2011 Edith Ellis
- 2010 Kym Kirby
- 2009 Deborah Miller
- 2008 Pamela O'Briant
- 2007 Bonnie-jean Buckett
- 2006 Stevie Chepko
- 2005 Pat Hewitt
- 2004 Gwen Massey
- 2003 Adelaide Carpenter
- 2002 Michael Monroe
- 2001 Gary Wilson
- 2000 Bonnie-jean Buckett
- 1999 Stephanie Richardson
- 1998 Barry Frishberg
- 1997 Richard Krejci
- 1996 Peter Santora, Jr.
- 1995 Josey Templeton
- 1994 John Farrelly
- 1993 Joanne Lunt
- 1992 Andrew Lerwis
- 1991 Patricia Caldwell
- 1990 Wenda Johnson
- 1989 Wenda Johnson
- 1988 Jay Lisk
- 1987 Ansel McMakin
- 1986 Marion Carr
- 1985 Tom Langley
- 1984 Veronica Yockey
- 1983 Joe Chandler
- 1982 Michael Collins
- 1981 Russ Pate
- 1980 John Smyth
- 1979 Lorraine Redderson
- 1978 Robert Hampton
- 1977 Mickey Taylor
- 1976 Melvin Ezell
- 1975 Joann Kemp
- 1974 Thomas Martin
- 1973 Diane Ward
- 1972 Diane Ward
- 1971 John Spurgeon
- 1970 Mary Ford
- 1969 William Painter
- 1968 Violet Meade
- 1967 Jack Johnson
- 1966 Lucy Staine
- 1965 Eugene Bricklemeyer
- 1963 Warren Geise
- 1962 Ruth Reid
- 1961 Bill Dellastatious
- 1960 Frank Hill
- 1959 Maise Bookhart
- 1958 W.L. Carr
- 1957 Harley Coleman
- 1956 Harold Schreiner
- 1955 Fred Brown
- 1954 Ned Warren
- 1953 Joe Grugan
- 1952 William Sheerer
- 1951 E.T. Borders
- 1950 Arthur Fourier
- 1949 Lucille Bowers
- 1948 J.K. Blum
- 1947 Arthur Fourier
- 1942-47 Lucille Bowers
- 1941 No Conference (War)
- 1940 D.M. McNaull
- 1939 Priscilla Shaw
- 1938 Priscilla Shaw
- 1937 Frances Major
- 1936 J.H. Speer
- 1935 Julia H. Post
- 1934 Isabel Chappell
- 1933 T.J. Reames
- 1932 William Emory
- 1931 Thomas Gibson
- 1929 Helen Smith
- 1928 Helen Smith



SCAHPERD HONOR AWARD RECIPIENTS

- 2017 Marie Dawkins Gregory
- 2016 Shelley Hamill
- 2013 Cindy Wilkerson
- 2010 Gina Barton
- 2009 Deborah Miller
- 2008 Stevie Chepko
- 2008 Sarah Jane Armstong
- 2005 Richard Krejci
- 2004 Michael Monroe
- 2003 Stephanie Richardson
- 2002 Barry Frishberg
- 2002 James Faulkenberry
- 2001 Tommie Bowling
- 2001 Adelaide Carpenter
- 2001 Alain Charron
- 2001 Patricia A. Hewitt
- 2000 Joanne G. Fraser
- 1999 Pete Santora
- 1998 Judith Rink
- 1998 Josey Templeton
- 1997 Nancy Bolden
- 1996 John Farrelly
- 1995 Andrew Lewis
- 1992 Pat Caldwell
- 1991 Marie Dawkins
- 1989 Ann Slater
- 1988 Joanne Lunt
- 1987 Joe Chandler
- 1986 Dan Young
- 1985 John Spurgeon
- 1984 Michael Collins
- 1983 Richard Hohn
- 1981 John Smyth
- 1981 Murray Vincent
- 1980 Robert Hampton
- 1980 Gene Styles
- 1979 Mickey Taylor
- 1978 Gordon Howard
- 1978 Joann Kemp
- 1974 Warren Geise
- 1974 Mary Griffin
- 1973 Oliver Dawson
- 1973 Sudie Love
- 1972 Emily Cate
- 1971 Mary Ford
- 1971 Patricia Seabrooks-Speights
- 1970 W. L. Carr
- 1970 Frank Feigl
- 1969 Lucy Staine
- 1969 Bill Dellastatious
- 1968 Gene Bricklemeyer
- 1967 Maise Bookhardt
- 1965 Turh Reid
- 1961 Arthur Fourier
- 1960 Lucille Bowers
- 1960 Eileen Moody
- 1950 Bill Scheere
- 1950 Julie Post



DANCE EDUCATOR OF THE YEAR AWARD

- 2017 Shannon Bradberry
- 2016 Emily Enloe
- 2015 Jessica Crum
- 2014 Ashlee Ratigan
- 2013 Monessa Salley
- 2011 Ginny Skinner Haynes
- 2009 Katherine Ingram
- 2008 Katy Strickland
- 2007 Michelle Crissinger
- 2006 Kara Conder Corley
- 2004 Jan Woodward
- 2003 Leonard Anderson
- 2002 Starke Ward
- 2001 Ellen Harrison
- 2000 Susan Woodham
- 1999 Ivy Hale
- 1998 Teresa Baker
- 1997 Cyndi Johnson
- 1996 Wrenn Cook



SCAHPERD SCHOLAR AWARD RECIPIENTS

- | | |
|------------------------|-----------------------|
| • 2013 Shelley Hamill | • 1989 John Spurgeon |
| • 2005 Jerald Hawkins | • 1987 Murray Vincent |
| • 2002 Murray Mitchell | • 1987 Judith Rink |
| • 1999 Gregory Dale | • 1987 Sandor Molar |
| • 1994 Peter Werner | • 1983 Russell Pate |
| • 1992 Barry Frishberg | • 1982 Gordon Howard |
| • 1991 Karen French | |

SD SHAPE AMERICA AWARD RECIPIENTS

- | | | | |
|--|-----------------|---------------------------------------|--------------------|
| • 2013 Donna L Dunaway Medal | Andrew Lewis | • 1999 Ethnic Minority Award | Hazel Scott |
| • 2009 Secondary Teacher of the Year | Debbie Holcombe | • 1998 Elementary Teacher of the Year | Adelaide Carpenter |
| • 2007 Ethnic Minority Award | Andrew Lewis | • 1997 Honor Award | Robert Hampton |
| • 2002 Secondary Teacher of the Year | Karen Carter | • 1997 Elementary Teacher of the Year | Tommie Bowling |
| • 2001 Secondary Teacher of the Year | Pat Hewitt | • 1991 Scholar Award | Russell Pate |
| • 2001 Honor Award | Josey Templeton | • 1988 Honor Award | Gordon Howard |
| • 2001 Honor Award | Gary Wilson | • 1987 Honor Award | John Spurgeon |
| • 2000 Elementary Teacher of the Year | Scott Diller | • 1975 Honor Award | Mary Wylie Ford |
| • 2000 Outstanding Future Professional Award | Elizabeth Short | • 1972 Honor Award | Harold Schreiner |
| • 2000 Health Educator of the Year | Katherine Cason | • 1971 Honor Award | Alice Ruth Reid |
| • 2000 Honor Award | Andrew Lewis | • 1970 Honor Award | Maisie Bookhardt |



SHAPE AMERICA AWARD RECIPIENTS

- | | | | |
|--|-----------------|---|----------------------|
| • 2011 Luther H. Gulick Award | Judith Rink | • 2001 Jump Rope for Heart Recognition | Adelaide Carpenter |
| • 2010 Charles D. Henry Award | Andrew Lewis | • 2000 Jump Rope for Heart Recognition | Sarah Jane Armstrong |
| • 2010 Honor Award | Stevie Chepko | • 2000 NASPE Award | Judith Rink |
| • 2009 Honor Award | Andrew Lewis | • 1999 Scholar Award | Russell Pate |
| • 2009 Jump Rope for Heart Recognition | Kim Speer | • 1997 NASPE Elementary Teacher of the Year | Tommie Bowling |
| • 2008 Honor Award | Josey Templeton | • 1981 Mable Lee Award | Russell Pate |
| • 2006 Jump Rope for Heart Recognition | Kathy Kent | | |
| • 2005 Honor Award | Joanne Funt | | |
| • 2001 NASPE Secondary Teacher of the Year | Pat Hewitt | | |

PAST SCAPES FOUNDER'S AWARDS FOR TEACHING EXCELLENCE

ELEMENTARY LEVEL

- 2017 Robin Brannon
- 2016 Sabrina Bundy
- 2015 Jennifer Dawson
- 2014 Karen Roof
- 2014 Marc Camp
- 2013 Penny Wyatt
- 2012 Laura Dickson
- 2011 Carolina Cabe
- 2010 Gina Hilts
- 2009 Chris Holt
- 2008 Marty Owens
- 2006 Todd Seagle
- 2005 Thomas Cronin
- 2004 Tammy Hodges
- 2003 Bonnie-jean Buckett
- 2002 Gwen Massey
- 2001 Kathy Manos
- 2000 Karen Keatley
- 1999 Scott Diller
- 1998 Tracey Long
- 1997 Adelaide Carpenter
- 1996 Tommie Bowling
- 1995 Linda Miller
- 1994 Stephanie Richardson
- 1993 Sandra Hawkins
- 1992 Bonnie-jean Buckett
- 1991 Lisa Frampton
- 1990 Judy Elrod
- 1989 Sarah Jane Armstrong
- 1989 Regan Roberts
- 1988 Scott Diller
- 1987 Karen Keatley
- 1986 Tom Davis
- 1985 Kim Thomas
- 1984 Susan Lynn

ELEMENTARY LEVEL

(Continued)

- 1983 Nancy Robertson
- 1982 Gigi Farrow
- 1981 Mary Hines

MIDDLE SCHOOL LEVEL

- 2017 Keith Hill
- 2016 Jerry Honeycutt
- 2015 Jason Hamill
- 2014 Kathy Sullivan
- 2013 Susan Vaughn
- 2012 Laurie Epps
- 2003 Jane Page
- 2002 Renee Lemmon
- 2001 Marie Dawkins
- 2000 Lisa Davis
- 1998 Debbie Bernhagen
- 1994 Lori Florence
- 1993 Lisa Davis
- 1992 Judy Hopper
- 1990 Debbie Bernhagen
- 1990 Tom Davis
- 1987 Johnny Calder
- 1986 Vicky Parnell
- 1985 Marie Dawkins
- 1983 Ann Slater
- 1982 William Grugan
- 1981 Kathy Graham

SECONDARY LEVEL

- 2017 Jennifer Bogan
- 2016 Chad Cooksey
- 2014 Tammy Hodges
- 2013 Cynthia Gallman
- 2012 Jerry Honeycutt
- 2008 Debbie Holcombe
- 2001 Karen Carter
- 2000 Pat Hewitt
- 1998 Cindy Kessler
- 1996 Dana Riley
- 1992 Karen Carter
- 1990 Jeff Wyatt
- 1986 Rubie Younce
- 1985 Peg McMillan
- 1983 Patricia Caldwell
- 1980 Mary Ellen Grant

UNIVERSITY/COLLEGE

- 2014 Susuan Flynn
- 2013 Jim Kamla
- 2004 Mel Horton
- 2002 Gina Barton
- 1996 Deborah Stevens-Smith
- 1995 Silas Pearman
- 1992 Deborah Miller
- 1990 Jerald Hawkins
- 1989 Kenneth Mosely
- 1988 Joe Chandler
- 1988 Andrew Lewis
- 1987 Helen Timmermans
- 1986 Peter Werner
- 1985 Mickey Taylor
- 1984 Judith Rink
- 1982 Jean Hamilton
- 1981 Dick Hohn

ADAPTIVE LEVEL

- 2011 Nancy Crowe



GET MOVING

SCAAHE HEALTH EDUCATOR OF THE YEAR

- 2017 Tina Marie Devlin
- 2016 Erica Ayers
- 2016 Darlin Jordan
- 2015 Lavell Thornton
- 2014 Lori Phillips
- 2014 Suzette McClellan
- 2011 Penny Bostain
- 2010 Karen Fradau
- 2009 Shelley Hamill
- 2008 Kathy Kent
- 2007 Richard Krejci
- 2006 Megan Weis
- 2005 J. Ron Faulkenberry
- 2005 Ellen Bouce
- 2004 Deborah Miller
- 2003 Melanie Webb
- 2002 Sandra Kammerman
- 2001 Leroy Frazier, Jr.
- 2000 Shelley Hamill
- 1999 Phyllis Thornthwaite
- 1998 Katherine Cason
- 1998 Barbara Jones

South Carolina Association
for the Advancement of
Health Education



- 1997 Sharon Thompson
- 1996 Kelli Kenison
- 1995 Tena Hoyle
- 1994 Beth Barry
- 1993 Jennifer Vickery
- 1992 John Stephenson
- 1991 Ruth Saunders
- 1990 Ben Tolomea
- 1989 Donna Gutman
- 1988 Peter Lee
- 1987 Ann Slater
- 1986 Ruth Martin
- 1985 Jim Testor
- 1984 Gary Wilson
- 1983 Joanne Fraser
- 1982 Stephen Blair
- 1981 Zora Salisbury
- 1979 Linda Sloan
- 1978 Sherry Hill
- 1976 Betty Goldie
- 1975 Margaret Ervin
- 1974 Murray Vincent

Thank You



Exhibitors

ThinkFirst SC-Low Country

ETR Associates

American Heart Association

SC Health Advocates

The Children's Health Market

University of South Carolina/Department of Physical Education

Kelly Tours

ADA Sports and Rackets

US Games

US Tennis Association of South Carolina

Human Kinetics

Goodheart-Wilcox Publisher

Focused Fitness

AAHPERD PATHFINDER AWARD SOUTH CAROLINA RECIPIENTS

- 2004 Pat Hewitt
- 2002 Linda White
- 2001 Nancy Wilson
- 2000 Miriam Shelden
- 1999 Helen Timmermans
- 1998 Karen Carter
- 1997 Maeberta Bobb
- 1996 Peggy Barsed
- 1995 Kimberlee Shiubinski
- 1994 Mary Griffin
- 1992 Patricia Caldwell
- 1991 Margaret Dickert

ETHNIC MINORITY SERVICE COMMITTEE AWARD RECIPIENTS

THOMAS S. MARTIN AWARD

- 2005 Dan Young
- 2004 Robert Lindsey
- 2003 Clemmie Hill
- 2002 Stephanie Richardson
- 1995 Andrew Lewis
- 1992 Hazel Scott
- 1991 Shirley Houzer
- 1990 Victor Kerr
- 1988 Pat Gold
- 1997 Patricia Caldwell
- 1986 Milton Hunter
- 1985 William Funn
- 1984 Thomas Martin

THOMAS B. NELSON AWARD

- 2005 Suzette McClellan
- 2004 Lavell Thornton
- 2003 Sylvia Flint
- 2002 Renee Lemmon
- 1998 Serena Washington
- 1994 William Long
- 1993 Kenneth Sandiford
- 1992 Willis Means, Jr.
- 1990 William Roberts
- 1990 James McCollum
- 1988 Reginald Danner
- 1987 James Morrer
- 1986 Thomas B. Nelson

OLIVER C. DAWSON AWARD

- 2005 Doris Miller
- 2004 Sherry Bullock
- 2003 Peggy Barnes
- 2002 Kenneth Moseley
- 1998 David Mack
- 1997 Leonne Young
- 1994 Virgil Wells
- 1993 Roy Henderson
- 1992 Modie Risher, Sr.
- 1991 Alfred Duckett
- 1989 Nelson Brownlee
- 1988 William Senior
- 1988 John Walker
- 1987 Elizabeth Rose
- 1986 Oliver D. Dawson

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K-12 PE Chair Elect	Brandy Ellis
Higher Education Chair	Kathy Davis
Higher Education Chair Elect	Leland Nelson
Adaptive PE Chair	Nancy Crowe
Adaptive PE Chair Elect	Vacant



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Youth Sports Chair	Merri Martin
Youth Sports Chair Elect	Vacant
General Wellness Chair	Rose Clawson
General Wellness Chair Elect	Vacant

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www.scthinkfirst.org

Three main programs -ThinkFirst for Kids, ThinkFirst for Youth and ThinkFirst for Teens were developed based on the Health Belief Model. Curriculum content meets state and national educational standards.

Chapters in South Carolina under ThinkFirst National Injury Prevention Foundation a non-profit organization 501c (3) founded by America's Neurosurgeons.

Mission is to reduce injuries through education, research & policy. Our goal is to teach individuals to ThinkFirst and make safe choices to prevent brain and spinal cord injuries

SCAHPERD ROCKS!

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